



Veterans of Foreign Wars Auxiliary
 Department of Maryland
AUXILIARY OUTREACH PROGRAM
Reaching Out OCTOBER & NOVEMBER



So, how is it going?

The volunteer spirit of the VFW Auxiliary of Maryland is truly amazing! Our members are helping so many and in so many ways. But I know there is still a lot of *reaching out* in your communities that is not being reported.

Thanksgiving is approaching with many of us giving time at soup kitchens to serve a holiday meal to those families facing hard times. Remember to get any upcoming service approved at your October or November meeting. Then wear your auxiliary shirts and name tags when working for other organizations. That's how to do an Auxiliary Outreach project. Then report!



Cathy Gistedt
 Department Chairman

Volunteer Opportunities Around Our State

- ✓ Project Echo Shelters (Prince Frederick)
410-535-0044 ext. 3
- ✓ Beans & Bread (Baltimore)
410-732-1892
- ✓ Ray of Hope Mission Center (Port Deposit)
410-378-9800
rayofhopemissioncenter.com/volunteer-form.html
- ✓ Somerset County Senior Centers (Administrative Volunteers)
908-704-8346
- ✓ Northwest Hospital Center (Randallstown)
smcdonald3@lifebridgehealth.org
- ✓ Moveable Feast (Baltimore)
410-327-3420



Please share any opportunities to *reach out* near your community at your next Auxiliary meeting.

Based on information from Internet sites.



Outreach Shooting Stars

Auxiliary 6027 helped the Rotary Club of North East by making snack bags for the local children at their summer camp. Great project!

Earn Bonus Points!

Using **MALTA Resources** is a fantastic tool for conducting and reporting your Auxiliary Outreach Program. This month auxiliaries will earn one Bonus Point for checking out the Outreach materials on our National Website. (Past reports will be credited.) Check that box for MALTA at the top of the report form as you keep *reaching out*.

SHARING THE OUTREACH EXPERIENCE

Auxiliary Outreach partnerships can be a shared experience. Have you thought about volunteering as a family with your spouse? With a child? Or with your grandchildren? An Auxiliary Outreach project could even help earn service-learning hours that may be needed by a high school student in your family to complete graduation requirements. Outreach projects are also a great way to teach young children the value of giving their time and effort to help others.

Auxiliary members would give only their volunteer information to their Auxiliary's Outreach Chairman for reporting. Family members joining you will be able to make some wonderful memories of your times *reaching out* together. Take a photo to show friends and send it to cathygistedt123@gmail.com to earn extra points for your Auxiliary.





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Members Ask

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I am already volunteering as a basketball coach for my local Recreation Council. Does this count as Auxiliary Outreach?

Working with our youth is so important to the future of America. You already have the volunteer spirit that makes our organization so special. Now to also count this as a project in Auxiliary Outreach, your Auxiliary must vote to accept your work and you must identify yourself as a member of the VFW Auxiliary volunteering to work for the Rec Council. With sports teams wearing uniforms, adding your auxiliary pin may be the way to identify your membership. Report your hours, mileage, and any extra money you spend to your Outreach Chairman. I'd love to see a photo of you and the team. Good Luck this season!

Have a question? Send your question or concern to the Outreach Chairman at:

cathygistedt123@gmail.com

Reaching Out to Learn More About...



The American Diabetes Association

Over 568,000 people in Maryland have been diagnosed with diabetes and an additional 1.6 million are prediabetic with blood glucose levels higher than normal. There are also over 140,000 who have diabetes without realizing their condition. Serious complications from diabetes include heart disease, stroke, amputations, blindness, and even death.

Hundreds of thousands of American Diabetes Association (ADA) volunteers are making a difference through community outreach and advocacy. Understanding that everyone has different interests, skills, and schedules, the ADA will help you find a volunteer spot if you reach out to them offering your help.

Volunteers are needed to:

- ▲ Support events held by the ADA.
- ▲ Work at local offices.
- ▲ Take part in school and community campaigns.

If you can give your time, contact the Maryland ADA Office at 410-265-0075 or go online to:

ADAMD@diabetes.org

Remember: When you volunteer, give your volunteer information to your Auxiliary Outreach Program Chairman so Maryland is credited.

From online information at the American Diabetes Association.



Thanks to These Auxiliaries for Reporting

7757 5633
 9619 521 3285
 3065 6658 10146
 10078 467 8806
 6918 2462 10028

Reported July 11th – September 11th 2023

Check out where members have already been reaching out to strengthen their communities:

- *Rotary Club of North East
- *Boy Scout Troop 247
- *Frederick Food Pantry
- *Pitties and Purrs
- *South Baltimore Soccer League
- *Lions Club
- *Congress Heights Senior Wellness Center
- *Taneytown Fire Department
- *Moravia Park Elementary School
- *OLBA
- *North Point-Edgemere Volunteer Fire Station



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